

BENJAMIN A KATZ

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Department of Psychology
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EDUCATION

- 2021 **The Hebrew University of Jerusalem**
Ph.D. – Psychology
Thesis title: “A model of reinforcement sensitivity, emotion regulation and affective psychopathology”
Advisor: Iftah Yovel, Ph.D.
- 2015 **The Hebrew University of Jerusalem**
M.A. – Clinical Psychology, Adult Track
Thesis title: “The effects of relational control in cognitive behavioral therapies for anxiety disorders”
Advisor: Jonathan Huppert, Ph.D.
- 2011 **Yeshiva College, Yeshiva University**
B.A. – Psychology, English (minor)
Magna cum Laude
Jay and Jeanie Schottenstein Honors Program
Honors thesis title: “The effects of a deterministic philosophy on psychological well-being: Locus of control as a moderator”
Advisor: Ariel Malka, Ph.D.

HONORS AND AWARDS

- 2020 Sexual and Gender Minority Special Interest Group of the Association of Behavioral and Cognitive Therapies Student Paper Award (\$100)
- 2019 Schusterman Foundation Grassroots Grant (\$3,800)
- 2018 ROI Fellow, Schusterman Foundation
- 2018 Korski Award, The Hebrew University of Jerusalem (\$750)
- 2018 Struman Travel Grant, The Hebrew University of Jerusalem (\$1,000)
- 2018 Travel grant, The Hebrew University of Jerusalem. (\$1,000)
- 2015 Registered Psychologist. Health Ministry of Israel. (License number: 133124)
- 2014-2017 Doctorate Scholarship for New Immigrants. Absorption Ministry, Israel. (55680 NIS per yr; ~\$14,300; 3 yrs)
- 2011 Undergraduate Psi Chi/American Psychological Association Convention Research Award
- 2011 International Registration Grant, APAGS
- 2011 Student Travel Grant, Yeshiva University
- 2011 David and Rebecca Wolstein Memorial Award for Excellence in Psychology
- 2011 Sidney P Rosenblum Award for Excellence in Jewish History

2008- Jay and Jeanie Schottenstein Honors Scholarship
2011

2008- Dean's List, Yeshiva College, Yeshiva University
2011

PUBLICATIONS

1. Yovel, I., Aviram, G., Kahane, N. & **Katz, B.A.** (available online). Testing a new indirect measure of general self-worth: The self-esteem questionnaire-based implicit association test. *British Journal of Social Psychology*.
2. Zalaznik, D., Strauss, A.Y., Halaj, A., Barzilay, S., Fradkin, I., **Katz, B.A.**, Ganor, T., Ebert, D.D., Andersson, G., Huppert, J.D.. (Available online). Patient alliance with the program predicts treatment outcomes whereas alliance with the therapist predicts attrition and adherence in Internet-based therapy for panic disorder. *Psychotherapy Research*.
<https://doi.org/10.1080/10503307.2021.1882712>.
3. **Katz, B.A.**, Naftalovich, H., Schwartz, K., & Yovel, I. (2021). The dual-system hypothesis of bipolar spectrum disorders: A meta-analysis. *Clinical Psychology Review*, 83, 101945.
<https://doi.org/10.1016/j.cpr.2020.101945>
4. Friedman, A., **Katz, B.A.**, Halevy-Cohen, I., & Yovel, I. (2020). Expanding the scope of implicit personality assessment: An examination of the Questionnaire-Based Implicit Association Test (qIAT). *Journal of Personality Assessment*.
<https://doi.org/10.1080/00223891.2020.1754230>
5. **Katz, B.A.**, Schwartz, K., Aviram, G., & Yovel, I. (2020). Reinforcement sensitivity theory in depression and anxiety: A meta-analysis and meta-analytic structural equation model. *Clinical Psychology Review*, 77, 101842. <https://doi.org/10.1016/j.cpr.2020.101842>
6. **Katz, B. A.***, Breznitz, H.*, & Yovel, I. (2019). Gain through pain: Augmenting *in vivo* exposure with enhanced attention to internal experience leads to increased resilience to distress. *Behaviour Research and Therapy*, 113, 9-17.
<https://doi.org/10.1016/j.brat.2018.12.001>
*-equal contribution
7. Currie, C. J., **Katz, B.A.**, & Yovel, I. (2017). Explicit and implicit shame aversion predict symptoms of avoidant and borderline personality disorders. *Journal of Research in Personality*, 71, 13-16. <https://doi.org/10.1016/j.jrp.2017.08.006>
8. **Katz, B.A.**, Asis, Y., Lustig, N., & Yovel, I. (2017). Measuring regulation in the here and now: The development and validation of the State Emotion Regulation Inventory (SERI). *Psychological Assessment*, 29(10), 1235-1248.
<https://psycnet.apa.org/doi/10.1037/pas0000420>
9. **Katz, B.A.***, Catane, S.*, & Yovel, I. (2016). Pushed by symptoms, pulled by values: Promotion goals increase motivation in therapeutic tasks. *Behavior Therapy*, 47, 239-247.
<https://doi.org/10.1016/j.beth.2015.11.002>
*-equal contribution

10. Miron-Shatz, T., Hanoch, Y., **Katz, B.A.**, Doniger, G.M., & Ozanne, E.M. (2015). Willingness to Test for BRCA1/2 in high risk women: Influenced by risk perception and family experience, rather than by objective or subjective numeracy. *Judgment and Decision Making*, 10, 386-399.

SUBMITTED MANUSCRIPTS

1. Friedman, A., **Katz, B.A.**, Elishevits, Y. & Yovel, I. (manuscript submitted). Increasing the flexibility of implicit personality assessment: An examination of a universal assessment procedure of the self.
2. **Katz, B.A.** & Yovel, I. (manuscript submitted-a). Mood symptoms predict COVID-19 pandemic distress but not vice versa: An 18-Month longitudinal study.
<https://doi.org/10.31234/osf.io/6qske>
3. **Katz, B.A.** & Yovel, I. (manuscript submitted-b). The cognitive coping model of reinforcement sensitivity: A longitudinal path analysis.
<https://doi.org/10.31234/osf.io/wmr25>.
4. **Katz, B.A.** (manuscript submitted). "Coming out" vs staying safe: Modeling the distinct roles of interpersonal and systemic contexts in sexual minority identity disclosure.

ONGOING PROJECTS

Status of project in parentheses

1. **Katz, B.A.** & Yovel, I. (letter of inquiry submitted). Future directions in clinical Reinforcement Sensitivity Theory: Temporal shifts and capturing context.
2. **Katz, B.A.** & Rodriguez-Seijas, C. (manuscript in progress). A basic mechanism approach to disparity research: Identifying divergent, transdemographic, and intersectional processes.

CONFERENCE PARTICIPATION

1. **Katz, B.A.** (2020, November). *A Network Theory of Minority Stress*. Presentation to be given at the 54th Annual Convention of the Association of Behavioral and Cognitive Therapies. Philadelphia, PA, USA.
2. Brimholz, J. L., Boroughs, M., Cohen, J. M., Hart, T., Harkness, A., & **Katz, B.A.** (2020). *You Better Work: Adapting Evidence-Based Practices and Research Protocols for Clinical Work with Sexual and Gender Minorities from Diverse Backgrounds*. Clinical roundtable to be given at the 54th Annual Convention of the Association of Behavioral and Cognitive Therapies. Philadelphia, PA, USA.
3. **Katz, B.A.**, Yovel, I. (2018, November). *A Psychological Mediation Framework of Reinforcement Sensitivity Theory*. Presentation given at the 52nd Annual Convention of the Association of Behavioral and Cognitive Therapies. Washington, D.C., USA.
4. **Katz, B.A.**, Yovel, I. (2018, August). *The State Emotion Regulation Inventory (SERI): An Emotion Regulation Measure for the Here and Now*. Open paper given at the 126th Annual Convention of the American Psychological Association. San Francisco, CA, USA.

5. **Katz, B.A.**, Avishai, O. (2018, August). *Visions and Revisions: Narrative-Building among Israeli Orthodox LGB Activists*. Presentation given at the 126th Annual Convention of the American Psychological Association. San Francisco, CA, USA.
6. **Katz, B.A.**, Yovel, I. (2018, May). *Dilemmas in State Measurement – The Development and Application of The State Emotion Regulation Inventory (SERI)*. Presentation given at the 14th Annual Conference of the Israeli Psychometric Association. Rishon LeZion, Israel.
7. **Katz, B.A.**, Yovel, I. (2015, December). *Measurement of State-Based Emotion Regulation*. Open paper presented at the 4th Annual Doctoral Conference in Experimental Psychology. Tel Aviv, Israel.
8. **Katz, B.A.**, Yovel, I. (2015, August). *The State Cognitive Strategies Inventory (SCSI): Measuring Emotion Regulation in the Moment*. Symposium talk presented at the 45th Annual European Association of Behavioral and Cognitive Therapies Congress. Jerusalem, Israel.
9. Catane, S., **Katz, B.A.**, Yovel, I. (2015, August). *Values Work Augments Motivation to Invest and Persist in Therapy: An Analogue Investigation*. Open paper presented at 45th Annual European Association of Behavioral and Cognitive Therapies Congress. Jerusalem, Israel.
10. **Katz, B.A.**, Mandelbaum, Y., Isaacs, J. (2011, June). Social-Cognitive Model for the Development of Research Oriented Careers. Paper presented at annual meeting of *Athens Institute for Education and Research* psychology division. Athens, Greece.

CONFERENCE SYMPOSIA CHAIRED

1. **Katz, B. A.** (2020, November). *Challenges and Opportunities in the Quantitative Study of Sexual and Gender Minorities*. Symposium to be given at the 54th Annual Convention of the Association of Behavioral and Cognitive Therapies. Philadelphia, PA, USA.
2. **Katz, B.A.** (2018, November). *A Multimodal Approach to Abnormal Reward Processing and Affective Psychopathology*. Symposium given at the 52nd Annual Convention of the Association of Behavioral and Cognitive Therapies. Washington, D.C., USA.
3. Horne, S. & **Katz, B.A.** (2018, August). *One Movement, Many Voices: In-Depth Investigations in Global LGBTQ+ Activism*. Symposium given at the 126th Annual Convention of the American Psychological Association. San Francisco, CA, USA.
4. **Katz, B.A.** (2015, August). *The Psychological Flexibility Model: Finding Fault in 'Good' Emotion Regulation Strategies, and Grace in 'Bad' Ones*. Symposium given at 45th Annual European Association of Behavioral and Cognitive Therapies Congress. Jerusalem, Israel.

POSTERS

1. **Katz, B.A.**, Yovel, I. (2019, November). *The Cognitive Coping Model of Reinforcement Sensitivity: A Longitudinal Path Analysis*. 53rd Annual Convention of the Association of Behavioral and Cognitive Therapies. Atlanta, GA, USA.

2. **Katz, B.A.**, Yovel, I. (2019, July). *A Meta-Analytic Structural Equation Model of the Relationships Between Depression, Anxiety and Reinforcement Sensitivity*. 9th World Congress of Behavioural and Cognitive Therapies. Berlin, Germany.
3. **Katz, B.A.**, Yovel, I. (2019, July). *Reinforcement Sensitivity Theory and Bipolar Disorder: A Meta-Analysis*. 9th World Congress of Behavioural and Cognitive Therapies. Berlin, Germany.
4. **Katz, B.A.**, Yovel, I. (2019, July). *A Cognitive Coping Model of Reinforcement Sensitivity and Affective Pathology*. 9th World Congress of Behavioural and Cognitive Therapies. Berlin, Germany.
5. Aviram, G., Friedman, A., **Katz, B.A.**, Yovel, I. (2018, November). *Implicit Assessment of Anxiety Sensitivity Using the Questionnaire-Based Implicit Association Test (qIAT)*. 52nd Annual Convention of the Association of Behavioral and Cognitive Therapies. Washington, D.C., USA.
6. **Katz, B.A.**, Matanky, K., Yovel, I. (2018, November). *A Meta-Analysis of The Relation Between Affective Pathology and Reinforcement Sensitivity*. 52nd Annual Convention of the Association of Behavioral and Cognitive Therapies. Washington, D.C., USA.
7. **Katz, B.A.**, Catane, S., Yovel, I. (2018, July). *Values as A Source of Therapeutic Motivation*. Moral Development: New Directions in Research on Children's Values and Moral Emotions and Behaviors. Jerusalem, Israel.
8. **Katz, B.A.**, Catane, S., Yovel, I. (2017, February). *The Motivational Utility of ACT Values Work*. 6th Annual Convention of the Israeli Association of Behavioral Therapies. Akko, Israel.
9. **Katz, B.A.**, Asis, Y., Yovel, I. (2016, June). *The State Emotion Regulation Inventory (SERI): Confirmatory Factor Analyses of a State-Based Emotion Regulation Questionnaire*. Poster presented at Doctoral Conference of the Hebrew University of Jerusalem. Jerusalem, Israel.
10. **Katz, B.A.**, Asis, Y., Yovel, I. (2015, November). *The State Cognitive Strategies Inventory (SCSI): Confirmatory Factor Analyses of a State-Based Emotion Regulation Questionnaire*. Poster presented at 49th Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL, USA.
11. **Katz, B.A.**, Cohen, N., Gilo, M., Mernick, B., Huppert, J.D. (2015, August). *The Effects of Relational Control in Cognitive Behavioral Therapies for Anxiety Disorders*. Poster presented at 45th Annual European Association of Behavioral and Cognitive Therapies Congress. Jerusalem, Israel.
12. **Katz, B.A.**, Cohen, N., Gilo, M., Mernick, B., Huppert, J.D. (2015, June) *The Effects of Relational Control in Cognitive Behavioral Therapies for Anxiety Disorders*. Poster presented at Doctoral Conference of the Hebrew University of Jerusalem. Jerusalem, Israel.
13. **Katz, B.A.**, Mandelbaum, Y., Isaacs, J. (2011, August). *Self-Efficacy and its Sources Predicting Research Oriented Careers*. Poster presented at American Psychological Association National Convention. Washington, DC, USA.

14. **Katz, B.A.**, Mandelbaum, Y., Isaacs, J. (2011, April). *Self-Efficacy and its Sources Predicting Research Oriented Careers*. Poster presented at Innovate, Collaborate, Explore: Yeshiva College Research Fair. New York, NY, USA.

CONFERENCES ORGANIZED

Religion, LGBT, and Therapy. Co-organizer. Professional/academic conference at Bar Ilan University. January, 2019.

Legal Codes and Therapeutic Containment: LGBT and the Religious Family in Psychotherapy. Chair. Professional/academic conference at The Hebrew University of Jerusalem. September, 2019.

INVITED PRESENTATIONS

May, 2020 – *Psychotherapy, Homosexuality and Religion*. Clinical supervision. Stony Brook University.

November, 2018 – *Dancing at Two Weddings: Tracing Forms of Israeli Religious-LGBT Activism*. Public Lecture. Yeshiva College, Yeshiva University.

October, 2018 – *Minority Stress Model for Orthodox Jewish LGB Patients*. The Jerusalem Open House Counseling Center.

April, 2017 – *Love is a Family Value: Discursive Themes in Israeli Religious-LGBT Dialogue*. Departments of Women, Gender, & Sexuality Studies, Theology, Judaic Studies, and Sociology/Anthropology. Fordham University.

November 2016 – *The Divine Light of Many Colors: Trends in Israeli Religious-LGBT Dialogue*. 3rd Annual Social Work Conference in LGBT Issues. Herzliya, Israel.

November 2010 – Social Cognitive Career Theory. Presentation given as part of the Honors Program's *First Lecture* series. Yeshiva College, Yeshiva University.

WORKSHOP PARTICIPATION

ERP Boot Camp – UC Davis and San Diego State University. August, 2021.

Psychological Networks Amsterdam Winter School – University of Amsterdam. January, 2020.

MISCELLANEOUS

Kluger, A. N., Pery, S., Markovitch, N., Zoizner, A., Abramson, L., Borut, L., & **Katz, B. A.** (2018). rMarkdown code to automate reporting HLM interactions between Level 1 and Level 2 based on code by Herman Aguinis [Computer Code]. Retrieved from <https://mfr.osf.io/render?url=https://osf.io/4wgsq/?action=download%26mode=render>

TEACHING EXPERIENCE

Teaching assistantships:

Fall, 2020	Course counselor. Treatment in the Ultra-Orthodox Community. Department of Psychology, Hebrew University of Jerusalem
Fall, 2018	Teaching assistant. Treatment in the Ultra-Orthodox Community. Department of Psychology, Hebrew University of Jerusalem

2016-2017, 2017-2018	Coordinator. Adult Clinical Colloquium, Department of Psychology, Hebrew University of Jerusalem
Spring, 2015	Research Methods in Education, Education School, Hebrew University of Jerusalem
Fall, 2014	Advanced Statistics (MA), Education School, Hebrew University of Jerusalem.
Spring & Fall, 2011	Honors Introduction to Statistics, Department of Psychology. Yeshiva College, Yeshiva University

RESEARCH EXPERIENCE

2016-2021	Laboratory Manager Mentor: Dr Iftah Yovel, Department of Psychology. Hebrew University of Jerusalem
2014 - 2021	Graduate Researcher Mentor: Dr Iftah Yovel, Department of Psychology. Hebrew University of Jerusalem
2012-2018	Graduate Assistant/Staff Therapist/Project Manager Mentor: Prof Jonathan Huppert, Department of Psychology. Hebrew University of Jerusalem
2012-2017	Research Assistant Mentor: Prof Talya Miron-Shatz. School of Business. University of Pennsylvania & Department of Business Administration. Ono Academic College
2010-2011	Laboratory Manager Mentor: Prof Jenny Isaacs, Department of Psychology. Yeshiva College, Yeshiva University
2009-2010	Research Assistant Mentor: Prof Jenny Isaacs, Department of Psychology. Yeshiva College, Yeshiva University

SERVICE

Ad hoc reviewer – *Journal of Anxiety Disorders*
 Ad hoc reviewer – *Behavior Therapy*
 Ad hoc reviewer – *Journal of Behavior Therapy and Experimental Psychiatry*
 Ad hoc reviewer – *Journal of Psychotherapy Integration*
 Ad hoc reviewer – *Journal of Contextual Behavioral Science*

PROFESSIONAL MEMBERSHIP

American Psychological Association – Graduate student member
 Association for Psychological Science – Student member
 Association for Behavioral and Cognitive Therapies
 Psi Chi International Honors Society in Psychology
 Church of the Flying Spaghetti Monster – Minister
 Society of Clinical Psychology (American Psychological Association – Division 12)
 Society for the Psychology of Sexual Orientation and Gender Diversity (American

Psychological Association – Division 44)
Society for Science of Clinical Psychology (SSCP)

SKILLS

Languages: English (Mother tongue), Hebrew (Fluent)

Data Analysis: SPSS (Proficient), R (Proficient), Microsoft Excel (Proficient), AMOS
(Intermediate), MPlus (Intermediate), MatLab (Beginner), EEGLab (Beginner)

Programming: Qualtrics (Intermediate), HTML (Beginner)